Vanity case

ROOM WITH A VIEW Look out over the endless vista of the Jordanian Highlands

Retro resplendence: Israeli

model Michaela Bercu in Vogue, 1986

## WHAT TO PACK SIX SENSES SHAHARUT, ISRAEL

A-listers, Ayurveda and aerial yoga: it's all on offer at this off-grid getaway

Ten years in the making, and only four hours' drive south of Tel Aviv, this chic desert compound has single-handedly put Israel on the wellness map. Its pool and Ayurvedic treatments - as well as the sheer kudos lent by its remoteness - are what attract such A-listers as Rob Lowe and Joseph Fiennes. Meanwhile, the principle of 'calm flow' observed by architect Daniella Plesner ensures there are no sharp angles in its 60 creamy, tadelakt-plastered rooms. However, it's the views, reminiscent of the Dune film set, reaching all the way out to the Jordanian Highlands, that make you gasp. Overlooking a wild chasm of glowing rocks and parched brush, this place is crack for solitude junkies. The neighbouring army base might provide a stream of desert-boot-wearing staff, but there's nothing military about a health regime that includes aerial yoga, mood-oil workshops and day trips to the Dead Sea. The spa comprises seven treatment rooms, a yoga studio, Grecian indoor pool and The Alchemy Bar where you can mix your own blend of all-natural botanicals - while a watsu pool is in the works. Whole charred cauliflower, kohlrabi agnolotti and organic peach juice from the Arava Valley are among the earthy offerings at mealtimes. And after dark, Israeli rosé flows, vinyl plays and the chat gets deep. Doubles from £746 (sixsenses.com).



Jacket, £3,850, and trousers, £1,200, GIORGIO ARMANI. Bag, £2,750, DIOR. Sandals, £920, LOUIS VUITTON. Swimsuit, £295, NADINE MERABI. Suitcase, £8,600, HERMÈS. Necklace, £1,365, CHANEL

