SPA DIRECTORY DYNASTY DESTINATIONS

Bridge any generation gaps at these allembracing locations

BELMOND MAROMA RESORT & SPA *Riviera Maya, Mexico*

The vibe Built in the Seventies, this stylish Mexican retreat welcomes children with open arms. The main hacienda has a homely feel with its faded terracotta, whitewashed adobe and local folk art, but really the healing comes from all around: swaying palms, Tarzan-style Yucatán jungle and over a mile of super-soft sand.

Best for adults The spa has incense billowing from chalices, gushing fountains and cabinets lined with remedies. Book in for a lomi lomi massage, rooftop yoga or a moonlit temazcal ceremony on the beach.

Best for children There isn't a kid's club per se, but there's a wellstocked games room, ping-pong tables and mini bikes. They'll love the friendly coati (long-nosed raccoons), guacamaya parrots and the giant ants' nests built high in the trees, but most of all the Mayan hot chocolate infused with cardamom and lemongrass that is served at breakfast.

When to go November to March, when there'll be a tennis pro on the courts to help you brush up your strokes. Carrier (0161 492 1354; carrier.co.uk) offers seven nights, from £3,490, including breakfast, flights and transfers.

SCHLOSS ELMAU Bavaria, Germany

The vibe A legendary hideaway at the base of the Wetterstein mountains, 'Le Schloss' is part storybook



castle, part German *hospitz* and wholly child acceptant – with a dash of culture thrown in. Classical music concerts run throughout the year (the hotel owns seven Steinway pianos), and new this year is a jazzy Jivamukti Yoga Centre. The food is excellent: in La Salle, a grand drawing room, kids can help themselves to spinach knödel, poppy-seed strudel and pretzels the size of their heads.

Best for adults Spread over three floors, the main spa has a rooftop pool, 12 treatment rooms and endless places to flop out next to a cosy log fire.

Best for children There's a separate family spa and pool where little ones can bounce off floats and flick ice chips at each other. Outside, the hotel has its own tobogganing slope and ice rink, plus there's snowtubing, igloo building and dog-sled rides on offer.

When to go In winter, when you are likely to be greeted by 18-inch icicles and towering fir trees sheathed in snow. All is calm; all is bright. Double, from £260, half board (schloss-elmau.de; +49 8823 18170).

LUCKNAM PARK Wiltshire, England

The vibe With its elegant beechlined drive, botanical wallpapers and Jane Austen-style suites, Lucknam Park is a dream escape. Deliciously soft sofas invite long games of Scrabble on wet afternoons, and the laid-back brasserie has an impressive children's menu. And if their manners are up to it, treat them to dinner in the hotel's Michelin-starred dining room, Restaurant Hywel Jones.